



In order to help you understand the care we have provided; I have prepared this examination report to address the principal features of your eye health and your vision correction requirements.

SUBCONJUNCTIVAL HEMORRHAGE

This common condition typically occurs spontaneously. Its bright red appearance and sudden onset usually causes a high level of concern. When it occurs in one eye it can generally be classified as not dangerous. The cause is a tiny rupture of a blood vessel in the white transparent portion of the eye. This common mini-hemorrhage is generally preceded by a bout of coughing or sneezing. It is very similar to a "black and blue" bruise that occurs beneath opaque skin elsewhere in the body.

There is no treatment. However, a warm compress may facilitate cosmetic recovery. Avoid taking aspirin during the first two days. As with any bruise, it may take one to two weeks to completely clear. During this time the hemorrhage may spread to other tissues and may change color from red, to brown, to yellow. As a caution only, make certain your blood pressure is normal. If this condition recurs, call my office for further consultation. Be assured, this condition generally looks worse than it is.

I hope you have found this report interesting and informative. This personalized report has been motivated by my goal to provide excellence in eye care. I look forward to seeing you for your future eye care needs.