



In order to help you understand the care we have provided; I have prepared this examination report to address the principal features of your eye health and your vision correction requirements.

PINGUECULITIS

The conjunctiva is a thin, clear layer of tissue that covers the white portion of the eye. A pingueculum is thought to be an overgrowth or thickening of this conjunctival tissue covering the white part of the eye. Typically, pinguecula are positioned in the horizontal meridian on the front surface of the eye. It can be present on either side of the cornea but is more common on the nasal side.

Pingueculitis describes a condition in which these pinguecula become inflamed and swollen. This inflammation is represented by increased redness and irritation of the eye. This increased redness and irritation may be spontaneous or may result from some mechanical and/or environmental irritation. Mechanical irritation could come from contact lenses or a foreign body in the eye. Environmental causes may be from exposure to wind, smoke, sunlight, blowing dust or sand.

The treatment for pingueculitis involves removing the source of irritation and in addition, using decongestant drops. In more complex cases, mild steroids may be used to reduce the inflammation of the pingueculum and decrease redness.

I hope you have found this report interesting and informative. This personalized report has been motivated by my goal to provide excellence in eye care. I look forward to seeing you for your future eye care needs.