



In order to help you understand the care we have provided; I have prepared this examination report to address the principal features of your eye health and your vision correction requirements.

HYPEROPIA (hy-per-O-pee-a) or FAR-SIGHTEDNESS

The medical term for farsightedness is hyperopia. For optimum visual performance, our eyes must focus on faraway objects without exerting “extra” focusing effort (distance vision should be clear and effortless). Far-sightedness is present when your eyes must exert unnecessary focusing effort to attempt to clear distance vision and thus a greater than normal focusing effort to maintain clear and comfortable close-range vision. This constant, extra focusing effort causes symptoms of fatigue, headaches, tension and numerous other complaints of ocular discomfort.

The visual consequences of this condition are generally different for children than adults. Most far-sighted children see clearly at distance, thus the term “far-sighted.” However, they achieve clarity by exerting a constant focusing effort at distance and close-range. Far-sighted adults, however, gradually see less clearly at distance because all adults naturally decrease focusing ability due to a secondary visual condition called presbyopia. Far-sighted eyes require eyeglasses and/or contact lenses to maintain clear condition called presbyopia. Far-sighted eyes require eyeglasses and/or contact lenses to maintain clear and comfortable vision at all ranges. In extreme cases, refractive surgery may be considered.

Far-sightedness decreases during our growth years, remains fairly stable during our twenties and thirties and, as a normal healthy progression, typically increases in our forties and beyond.

I hope you have found this report interesting and informative. This personalized report has been motivated by my goal to provide excellence in eye care. I look forward to seeing you and your future eye care needs.