



In order to help you understand the care we have provided; I have prepared this examination report to address the principal features of your eye health and your vision correction requirements.

LIGHT FLASHES

During today's examination, you reported the presence of noticeable light flashes. They are typically caused by a normal aging change that takes place in most eyes. In some cases, however, it may indicate potential retinal problems. It is very important to pay close attention to the frequency and duration of their occurrence. More frequent testing is recommended. These tests may include pupil dilation and/or retinal visual field examination.

Two-thirds of the globe of the eye is filled with a clear transparent gel called vitreous. The vitreous body fills the back portion of the eye. It gives the eye its shape and holds the delicate retina in place. Natural and expected aging changes of the eye allow for some shrinkage of the vitreous body, thus placing less holding pressure on parts of the retina. With less pressure holding it in place, a portion of the retina may occasionally flutter or vibrate. When a portion of the retina moves and as the vitreous pulls away from the retina it triggers the visual sensation of a light flash. You may notice this symptom occurs especially if you move suddenly, bend over, or get up quickly from sitting or lying down.

Most people who experience occasional flashes have no permanent damage. If, however, the retina moves too much, there is a possible risk of retinal damage. If the frequency and/or duration of light flashes increase, call my office without delay. Always pay close attention to your symptoms.

I hope you have found this report interesting and informative. This personalized report has been motivated by my goal to provide excellence in eye care. I look forward to seeing you for your future eye care needs.