







In order to help you understand the care we have provided; I have prepared this examination report to address the principal features of your eye health and your vision correction requirements.

## **EPISCLERITIS**

The espisclera is a very thin vascular tissue that lies between the white part of the eye and the clear outer layer of tissue that also covers the white part of the eye. Episcleritis is an inflammation that involves this thin vascular (blood rich) tissue. This condition is characterized by a unique redness to a portion of the white part of the eye rather than redness to the entire white part of the eye as is seen in most other inflammations of this area. These inflammations generally occur spontaneously and without any particular cause. Most episodes last approximately two weeks. However, durations of three weeks to two months are occasionally possible.

Episcleritis is typically self-limiting with little or no damage to the eye. Episcleritis is characterized by increased redness and slight tenderness to the touch of the globe of the eye. On occasion, episcleritis can cause tenderness when moving the eyes from side to side or up and down. Treatment of episcleritis is generally limited to observation and may include the use of a mild topical steroid applied in drop or ointment form. It is important in treating episcleritis that you use the medications as prescribed. If at any time you feel that your condition is worsening rather than improving, do not hesitate to contact my office.

I hope you have found this report interesting and informative. This personalized report has been motivated by my goal to provide excellence in eye care. I look forward to seeing you for your future eye care needs.