



In order to help you understand the care we have provided; I have prepared this examination report to address the principal features of your eye health and your vision correction requirements.

**CAUTION (Diabetic Retinopathy)**

The results of your eye examination reveal some degree of diabetic retinopathy. Diabetic retinopathy, a complication of diabetes, is caused by changes in the blood vessels of the retina. With this condition, it's common for retinal blood vessels to leak fluid or blood, causing the visual images that the retina sends to the brain to be distorted or blurred. Eighty percent of people with at least a 15-year history of diabetes have some degree of blood vessel damage to their retina.

Caution is strongly advised. Diabetic retinopathy is the leading cause of acquired blindness in adults. People with untreated diabetes are 25 times more likely to develop blindness than the general population. However, with modern methods of diagnosis and early treatment, only a small percentage of those who develop diabetic retinopathy experience serious problems with vision.

If bleeding occurs, there are typically no symptoms of discomfort; but your sight may become hazy or even contain blind spots. Any changes in vision should be reported to me immediately. Treatment of this condition is dependent on age, history, lifestyle and the degree of damage to the retina. In advanced conditions, medical laser surgery may be advised to seal leaking blood vessels. Please follow my recommendations for the next advised eye examination and also make certain that you schedule a routine physical examination so that a proper diet and blood sugar level can be satisfactorily maintained.

I hope you have found this report interesting and informative. This personalized report has been motivated by my goal to provide excellence in eye care. I look forward to seeing you for your future eye care needs.