



In order to help you understand the care we have provided; I have prepared this examination report to address the principal features of your eye health and your vision correction requirements.

CONTACT DERMATITIS

Dermatitis identifies an inflammatory condition of the skin. Sudden or persistent swelling and redness are characteristic, along with some degree of itching and burning. In the extreme, there can be blisters, oozing, scaling and crusting. Dermatitis has many forms, and many causes. It may be produced by heat, cold, friction, and/or ultraviolet light from the sun. The most common cause of dermatitis, especially around the sensitive eyelid skin, is an allergic "contact" dermatitis.

Allergic contact dermatitis is an irritation and/or inflammation of the eyelid skin from direct contact with a substance to which you have an allergy or hypersensitivity. The substance or element involved may be related to everyday exposures to items such as soaps, perfume, or makeup. Plant substances, chemicals, fabrics, dyes, medications, and certain foods are also commonly found to trigger contact dermatitis.

The most important treatment is to eliminate the substance exposure to the involved skin. A mere trace of any irritating substance, brushed from a fingertip, can be adequate to cause an explosive reaction in some patients. Additionally, you can develop a sensitivity to elements and compounds of which your skin has previously been completely tolerant. Where the causative agent is unknown, it is wise to eliminate all possible contact substances, and then add them back one at a time to test your skin's reaction.

While removal of the inciting agent is most important in contact dermatitis, cool compresses may help with both comfort and swelling. In more severe cases, topical or even systemic steroids may be required to control the inflammatory reaction.

I hope you have found this report interesting and informative. This personalized report has been motivated by my goal to provide excellence in eye care. I look forward to seeing you for your future eye care needs.